

North Central Michigan College

NCMC MASTER COURSE SYLLABUS

Last Date Revised: March 10, 2008

DIVISION/AREA: Occupational

DEPARTMENT:

ASSOCIATE DEAN: Robert J. Marsh

ORIGINATOR: Steve Rudolph

DEAN OF INSTRUCTION: Timothy Dykstra

HOURS OF INSTRUCTION:

Credit hours: 3

Lecture: 1

Lab: 4

Contact hours: 88.0

COURSE TITLE: Introduction to Outdoor Leadership

COURSE ALPHA: REC

COURSE NUMBER: 120

CATALOG DESCRIPTION: Provides students with the knowledge to organize and safely lead outdoor activities. This course combines theory and practical experiences to address the management and leadership aspects as well as the technical skills of outdoor leadership. Central course topics include safety and first aid, trip planning and debriefing, environmental impact, lesson plans and learning styles, expeditionary behavior, liability and career options. Technical skills introduced include ropes courses, sea kayaking, rock climbing and backpacking.

PREREQUISITE(S): none

COREQUISITE(S): none

GENERAL EDUCATION DISTRIBUTION AREA:
(example: Social Science Group B)

GENERAL EDUCATION/PROGRAM OUTCOMES:

- Write and speak effectively
- Independently acquire knowledge

COURSE OBJECTIVES AND OUTCOMES:

Upon successful completion of this course, students should be able to:

1. Demonstrate the skills and behaviors of an effective outdoor leader
2. Demonstrate the ability to plan, expedite, and debrief a recreational outing
3. Demonstrate sound risk-management practices
4. Be knowledgeable of different leadership styles
5. Be knowledgeable of degree and career options in Outdoor Recreation and Leadership

METHODS OF INSTRUCTION: 1) Lecture, 2) Demonstration, 3) Role play scenarios, 4) Guest speakers

METHODS OF EVALUATION: 1) Attendance and participation, 2) Leadership project, 3) Learning journal, 4) Mid-Term paper, 5) Final paper

REQUIRED TEXT AT TIME OF COURSE ADOPTION/REVISION:

TEXTS: Alex Kosseff, AMC Guide to Outdoor Leadership, Guilford, CT: Glob Pequot Press, 2003.

OPTIONAL SUPPLEMENTARY MATERIALS: Miles, J. & Priest, S. Adventure Programming, State college, Pennsylvania: Venture Publishing, 1999. Additional readings.

Reasonable accommodations can be provided to students with documented disabilities. Please contact Learning Support Services at 348-6817 to arrange these.

SUGGESTED TIME ALLOWANCE AND SEQUENCE OF INSTRUCTION:

(List general content description of what is being covered each week)

WEEK 1	Historical overview of Outdoor Adventure and Leadership
WEEK 2	Role of leader in contemporary recreation agencies & career options
WEEK 3	Safety, Risk Management & Liability-role of leader
WEEK 4	Skills Class: Use of games and ropes course facilitation/Camp Daggett
WEEK 5	Trip Planning- Who, What, Where, When, Why?
WEEK 6	Expedition Behavior, Communication, Small Group Dynamics
WEEK 7	Skills Class: Backpacking/Orienteering/LNT best practices
WEEK 8	First Aid / Search and Rescue
WEEK 9	Class presentations on group outing / debrief
WEEK 10	Special populations and considerations- role of leader
WEEK 11	Skills Class: Sea Kayaking
WEEK 12	Environmental impact- local, state, and federal issues
WEEK 13	Awareness, Judgment & Decision Making-Case Studies
WEEK 14	Skills Class: Rock Climbing
WEEK 15	Class Presentations – Demonstration of Effective Leadership
WEEK 16	Class Presentations – Demonstration of Effective Leadership

