

# North Central Michigan College

NCMC MASTER COURSE SYLLABUS

Last Date Revised: March 10, 2008

**DIVISION/AREA: Occupational**

**DEPARTMENT:**

**ASSOCIATE DEAN: Robert Marsh**

**ORIGINATOR: Steve Rudolph**

**DEAN OF INSTRUCTION: Timothy Dykstra**

**HOURS OF INSTRUCTION:**

Credit hours: 3

Lecture: 1

Lab: 4

Contact hours: 88.0

**COURSE TITLE:** Introduction to Outdoor Recreation

**COURSE ALPHA:** REC

**COURSE NUMBER:** 110

**CATALOG DESCRIPTION:**

An introduction to the history and progression of outdoor recreation in the U.S. Students will develop an understanding of the roles played by federal, state and local governments, as well as the private sector, in providing outdoor recreation activities and programs. Students will experience a balance between theory and hands-on, practical experiences and will gain an understanding of employment options and professional opportunities in the growing market of outdoor recreation.

**PREREQUISITE(S):**

**COREQUISITE(S):**

**GENERAL EDUCATION DISTRIBUTION AREA:**

**(example: Social Science Group B)**

**GENERAL EDUCATION/PROGRAM OUTCOMES:**

- Write and speak effectively
- Independently acquire knowledge

**COURSE OBJECTIVES AND OUTCOMES:** Upon successful completion of this course, students will:

1. Describe the foundations of play, recreation, and leisure for all populations
2. Demonstrate understanding of the roles played by public and private entities that deliver recreational programming
3. Understand employment and career opportunities in outdoor recreation
4. Articulate the importance of recreation within special populations

5. Demonstrate personal competence in designing and implementing a recreational business plan.

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COURSE TITLE AND NUMBER: **REC 110 Introduction to Outdoor Recreation**

**METHODS OF INSTRUCTION:** 1) Lecture, 2) Readings, 3) Agency visits and interviews, 4) Project delivery

**METHODS OF EVALUATION:** 1) Attendance and participation, 2) Quizzes 3) Learning Journal 4) Personal Project 5) Final paper

**REQUIRED TEXT AT TIME OF COURSE ADOPTION/REVISION:**

TEXTS: Clayne R. Jensen, Steven P. Guthrie, Outdoor Recreation in America, Human Kinetics, 2006

OPTIONAL SUPPLEMENTARY MATERIALS: Selected readings

Reasonable accommodations can be provided to students with documented disabilities. Please contact Learning Support Services at 348-6817 to arrange these.

**SUGGESTED TIME ALLOWANCE AND SEQUENCE OF INSTRUCTION:**

*(List general content description of what is being covered each week)*

WEEK 1	Defining Recreation, Leisure, Outdoor Recreation. Anglo-Euro History
WEEK 2	Benefits, Trends, Lifestyles and Demographics of Outdoor Recreation
WEEK 3	Roles of Federal, State, and Local Agencies. Guest Lecture: Al Hansen
WEEK 4	Petoskey Parks & Recreation Master Plan: Site Visits/Research Project
WEEK 5	Principles of Planning: Economics Factors for Financing Programming
WEEK 6	Therapeutic Recreation/ Diverse Populations: Visit Challenge Mountain
WEEK 7	PRESENTATIONS: Petoskey Parks & Recreation Business Plans
WEEK 8	Designing, Implementing and Facilitation of Outdoor Activities
WEEK 9	Commercial/Private/Nonprofit Recreation: Unique Delivery Systems
WEEK 10	Ropes Course Facilitation: Camp Daggett visit
WEEK 11	Federal, State, Private and Nonprofit Resource Management
WEEK 12	Great Lakes Management. Guest Lecture Gail Gruenwald: Tip of Mitt
WEEK 13	DNR / State Parks: Guest Lecture: Richard Hill Wilderness State Park
WEEK 14	Professional Strands for Outdoor Recreation: Preparing for a Career
WEEK 15	PRESENTATIONS: Personal Recreation Experiences
WEEK 16	Future Trends and Issues: The need for 21 <sup>st</sup> Century Leadership

APPROVED FOR ADOPTION/REVISION BY THE CRD/AP COMMITTEE ON \_\_4/9/08\_\_