



North Central Michigan College Master Course Syllabus

PART 1:

Course Name: Abnormal Psychology

Course Number: PSY 241

Credit Hrs. 3 Lecture Hrs. 3 Lab Hrs. 0 Clinical Hrs. 0 Variable Hrs. 0

Total Hours of Instruction: 3 Total Contact Hours: 52.8
(Total Contact hour's formula: (lecture hrs. + lab hrs. + clinical hrs) x 17.6)

Course Description:

The nature and causes of psychological disorders, with major focus on the characteristics, development, dynamics and classification, maintenance, and treatment of abnormal behavior. Additional emphasis will be placed on various types of psychotherapies and theories of prevention, with an incorporation of current and historical research pertaining to the biological basis for abnormality.

PREREQUISITE(S): PSY 161

CO-REQUISITE(S):

Course Objectives:

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
- **Know & comprehend** techniques for the diagnosis of abnormal behavior.
- **Describe** the symptoms and different types of anxiety disorders, as well as explanations.
- **Describe** the symptoms and treatments of dissociative and somatoform disorders.
- **Know & comprehend** distinctions between depression and bipolar mood disorders.
- **Elaborate upon** the symptoms of and issues behind schizophrenia and other psychotic disorders, including the different types of schizophrenia.
- **Know & comprehend** the diverse examples of personality disorders, including antisocial, borderline, histrionic, narcissistic, and avoidant disorders.
- **Examine & elaborate upon** disorders of infancy, childhood, and adolescence, with a focus on such disorders as autism, anorexia, attention deficit disorder, and so on.
- **Know & comprehend** distinctions between eating, sleep, and psychophysiological disorders, including immune disorders, the effects of stress, and cardiovascular diseases.

Reasonable accommodations can be provided for students with documented disabilities. Please contact Learning Support Services to arrange for these (231)348-6687 or (231)348-6817, Room 533 SCRC.



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- **Describe & elaborate upon** the various forms of substance-use disorders, including issues and explanations associated with dependence and abuse of various substances.
- **Know & comprehend** the onset and treatment of sexual and gender identity disorders, including various paraphilias and sexual dysfunctions.
- **Describe & provide examples for** organic mental disorders and mental retardation, with a focus on causative factors and treatment methods.
- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.
- **Apply** correct use of in-text citations and references in APA format.



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PART 2:

Lumina DQP outcomes and linked course objectives

(Please identify all Lumina DQP outcomes supported by this course, including the complete language of each outcome as shown on Part 3 of this syllabus. Under each Lumina DQP outcome, please list any course objectives that support the prior DQP outcome.)

Lumina DQP Outcome 1: Describes the scope and principal features of the field of study, citing at least some of its core theories and practices, and offers a similar explication of at least one related field.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
- **Know & comprehend** techniques for the diagnosis of abnormal behavior.
- **Describe** the symptoms and different types of anxiety disorders, as well as explanations.
- **Describe** the symptoms and treatments of dissociative and somatoform disorders.
- **Know & comprehend** distinctions between depression and bipolar mood disorders.
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- **Know & comprehend** distinctions between eating, sleep, and psychophysiological disorders, including immune disorders, the effects of stress, and cardiovascular diseases.
- **Describe & elaborate upon** the various forms of substance-use disorders, including issues and explanations associated with dependence and abuse of various substances.
- **Know & comprehend** the onset and treatment of sexual and gender identity disorders, including various paraphilias and sexual dysfunctions.
- **Describe & provide examples for** organic mental disorders and mental retardation, with a focus on causative factors and treatment methods.
- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.

Lumina DQP Outcome 2: Illustrates contemporary terminology used in the field.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
- **Know & comprehend** techniques for the diagnosis of abnormal behavior.
- **Describe** the symptoms and different types of anxiety disorders, as well as explanations.
- **Describe** the symptoms and treatments of dissociative and somatoform disorders.
- **Know & comprehend** distinctions between depression and bipolar mood disorders.



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- **Elaborate upon** the symptoms of and issues behind schizophrenia and other psychotic disorders, including the different types of schizophrenia.
- **Know & comprehend** the diverse examples of personality disorders, including antisocial, borderline, histrionic, narcissistic, and avoidant disorders.
- **Examine & elaborate upon** disorders of infancy, childhood, and adolescence, with a focus on such disorders as autism, anorexia, attention deficit disorder, and so on.
- **Know & comprehend** distinctions between eating, sleep, and psychophysiological disorders, including immune disorders, the effects of stress, and cardiovascular diseases.
- **Describe & elaborate upon** the various forms of substance-use disorders, including issues and explanations associated with dependence and abuse of various substances.
- **Know & comprehend** the onset and treatment of sexual and gender identity disorders, including various paraphilias and sexual dysfunctions.
- **Describe & provide examples for** organic mental disorders and mental retardation, with a focus on causative factors and treatment methods.
- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.

Lumina DQP Outcome 3: Generates substantially error-free products, reconstructions, data, juried exhibits or performances as appropriate to the field.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
- **Know & comprehend** techniques for the diagnosis of abnormal behavior.
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- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
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Lumina DQP Outcome 5: Describes and examines a range of perspectives on key debates and their significance both within the field and in society.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
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- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
- **Know & comprehend** techniques for the diagnosis of abnormal behavior.
- **Describe** the symptoms and different types of anxiety disorders, as well as explanations.
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- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.

Lumina DQP Outcome 6: Illustrates core concepts of the field while executing analytical, practical or creative tasks.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
- **Know & comprehend** techniques for the diagnosis of abnormal behavior.
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- **Describe & elaborate upon** the various forms of substance-use disorders, including issues and explanations associated with dependence and abuse of various substances.
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- **Describe & provide examples for** organic mental disorders and mental retardation, with a focus on causative factors and treatment methods.
- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.
- **Apply** correct use of in-text citations and references in APA format.

Lumina DQP Outcome 7: Selects and applies recognized methods of the field in interpreting characteristic discipline-based problems.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
- **Know & comprehend** techniques for the diagnosis of abnormal behavior.
- **Describe** the symptoms and different types of anxiety disorders, as well as explanations.
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- **Describe & provide examples for** organic mental disorders and mental retardation, with a focus on causative factors and treatment methods.
- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.
- **Apply** correct use of in-text citations and references in APA format.

Lumina DQP Outcome 8: Assembles evidence relevant to characteristic problems in the field, describes the significance of the evidence, and uses the evidence in analysis of these problems.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
- **Know & comprehend** techniques for the diagnosis of abnormal behavior.



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- **Describe** the symptoms and different types of anxiety disorders, as well as explanations.
- **Describe** the symptoms and treatments of dissociative and somatoform disorders.
- **Know & comprehend** distinctions between depression and bipolar mood disorders.
- **Elaborate upon** the symptoms of and issues behind schizophrenia and other psychotic disorders, including the different types of schizophrenia.
- **Know & comprehend** the diverse examples of personality disorders, including antisocial, borderline, histrionic, narcissistic, and avoidant disorders.
- **Examine & elaborate upon** disorders of infancy, childhood, and adolescence, with a focus on such disorders as autism, anorexia, attention deficit disorder, and so on.
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- **Know & comprehend** the onset and treatment of sexual and gender identity disorders, including various paraphilias and sexual dysfunctions.
- **Describe & provide examples for** organic mental disorders and mental retardation, with a focus on causative factors and treatment methods.
- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.

Lumina DQP Outcome 9: Describes the ways in which at least two disciplines define, address and interpret the importance of a contemporary challenge or problem in science, the arts, society, human services, economic life or technology.

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- **Know & comprehend** the training and practice of psychiatrists and psychologists.
- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
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- **Know & comprehend** the onset and treatment of sexual and gender identity disorders, including various paraphilias and sexual dysfunctions.
- **Describe & provide examples for** organic mental disorders and mental retardation, with a focus on causative factors and treatment methods.



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- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.

Lumina DQP Outcome 10: Identifies, categorizes and distinguishes among elements of ideas, concepts, theories and/or practical approaches to standard problems.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
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- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.

Lumina DQP Outcome 11: Identifies, categorizes, evaluates and cites multiple information resources necessary to engage in projects, papers or performance in his or her program.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
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- **Examine & elaborate upon** disorders of infancy, childhood, and adolescence, with a focus on such disorders as autism, anorexia, attention deficit disorder, and so on.
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- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.
- **Apply** correct use of in-text citations and references in APA format.

Lumina DQP Outcome 12: Describes how knowledge from different cultural perspectives would affect his or her interpretations of prominent problems in politics, society, the arts and/or global relations.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.
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- **Describe & provide examples for** organic mental disorders and mental retardation, with a focus on causative factors and treatment methods.
- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.

Lumina DQP Outcome 14: Presents substantially error-free prose in both argumentative and narrative forms to general and specialized audiences.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
- **Know & comprehend** the training and practice of psychiatrists and psychologists.



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- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
- **Know & comprehend** techniques for the diagnosis of abnormal behavior.
- **Describe** the symptoms and different types of anxiety disorders, as well as explanations.
- **Describe** the symptoms and treatments of dissociative and somatoform disorders.
- **Know & comprehend** distinctions between depression and bipolar mood disorders.
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- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.

Lumina DQP Outcome 16: Locates, gathers and organizes evidence on an assigned research topic addressing a course-related question or a question of practice in a work or community setting; offers and examines competing hypotheses in answering the question.

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- **Know & comprehend** techniques for the diagnosis of abnormal behavior.
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- **Know & comprehend** the onset and treatment of sexual and gender identity disorders, including various paraphilias and sexual dysfunctions.



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- **Describe & provide examples for** organic mental disorders and mental retardation, with a focus on causative factors and treatment methods.
- **Examine** legal issues related to abnormal behavior, including the insanity defense and the rights of the hospitalized.
- **Know & comprehend** the distinctions between environmental and genetic factors in the formation of abnormal behavior, as well as flexible treatment strategies.

Lumina DQP Outcome 17: Describes his or her own civic and cultural background, including its origins and development, assumptions, and predispositions.

- **Describe & elaborate upon** historical and current perspectives on abnormal behavior.
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- **Compare & contrast** the various perspectives on abnormal behavior, including the psychodynamic, learning, cognitive, physiological, and humanistic perspectives.
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Suggested Methods of Instruction:

Lecture, case study videos, small group work.

Suggested Methods of Assessment and Evaluation:

Current: Reading Logs [DQP #'s 2-3, 6, 8, 12]; APA Format Quiz [DQP #'s 3, 6-7, 11]; Film Analysis Paper [DQP #'s 2, 6, 9, 11-12, 14, 17]; Multiple Choice & True/False Chapter Tests [DQP #'s 2,-3, 6, 10]; Short Answer Essay Assignments [DQP #'s 1-3, 5-12, 14, 16]; Discussion Board Assignments

Prospective: Research Paper and/or Compare & Contrast Paper; Quizzes; In-class and/or On-line Discussion

Adopted Text at Time of Course Adoption/Revision:

Durand, V. & Barlow, D. (2013). *Essentials of Abnormal Psychology* (6th ed). Belmont, CA: Thomson Wadsworth.

OPTIONAL SUPPLEMENTARY MATERIALS: none

Topics Covered During the Semester:

Sequence of topics and time allowance are at the discretion of the instructor

Week 1	Course Introduction
Week 2	Abnormal Behavior in Historical Context
Week 3	An Integrative Approach to Psychopathology
Week 4	Clinical Assessment, Diagnosis, and Research Methods
Week 5	Anxiety Disorders
Week 6	Somatoform and Dissociative Disorders
Week 7	Mood Disorders and Suicide
Week 8	Physical Disorders and Health Psychology
Week 9	Eating and Sleep Disorders
Week 10	Sexual and Gender Identity Disorders
Week 11	Substance-Related and Impulse-Control Disorders
Week 12	Personality Disorders
Week 13	Schizophrenia and Other Psychotic Disorders
Week 14	Developmental and Cognitive Disorders
Week 15	Mental Health Services: Legal and Ethical Issues
Week 16	Final

Part 1 & Part 2 approved by CRDAP on: 10/31/14

Part 2 approved by AD:

Date:

Part 2 approved by CRDAP Chair:

Date:



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PART 3:

Use this reference sheet in Part 2 of Master Course Syllabus

Specialized Knowledge

1. Describes the scope and principal features of the field of study, citing at least some of its core theories and practices, and offers a similar explication of at least one related field.
2. Illustrates contemporary terminology used in the field.
3. Generates substantially error-free products, reconstructions, data, juried exhibits or performances as appropriate to the field.

Broad Integrative Knowledge

4. Describes how existing knowledge or practice is advanced, tested and revised
5. Describes and examines a range of perspectives on key debates and their significance both within the field and in society.
6. Illustrates core concepts of the field while executing analytical, practical or creative tasks.
7. Selects and applies recognized methods of the field in interpreting characteristic discipline-based problems.
8. Assembles evidence relevant to characteristic problems in the field, describes the significance of the evidence, and uses the evidence in analysis of these problems.
9. Describes the ways in which at least two disciplines define, address and interpret the importance of a contemporary challenge or problem in science, the arts, society, human services, economic life or technology.

Intellectual Skills – Analytic Inquiry

10. Identifies, categorizes and distinguishes among elements of ideas, concepts, theories and/or practical approaches to standard problems.

Intellectual Skills – Use of Information Resources

11. Identifies, categorizes, evaluates and cites multiple information resources necessary to engage in projects, papers or performance in his or her program.

Intellectual Skills – Engaging Diverse Perspectives

12. Describes how knowledge from different cultural perspectives would affect his or her interpretations of prominent problems in politics, society, the arts and/or global relations.

Intellectual Skills – Communication Fluency

13. Presents accurate calculations and symbolic operations, and explains how such calculations and operations are used in either his or her specific field of study or in interpreting social and economic trends.
14. Presents substantially error-free prose in both argumentative and narrative forms to general and specialized audiences.

Applied Learning

15. Describes in writing at least one substantial case in which knowledge and skills acquired in academic settings are applied to a challenge in a non-academic setting; applies that learning to the question; and analyzes at least one significant concept or method related to his or her course of study in light of learning outside the classroom.
16. Locates, gathers and organizes evidence on an assigned research topic addressing a course-related question or a question of practice in a work or community setting; offers and examines competing hypotheses in answering the question.

Civic Learning

17. Describes his or her own civic and cultural background, including its origins and development, assumptions, and predispositions.
18. Describes diverse positions, historical and contemporary, on selected democratic values or practices, and presents his or her own position on a specific problem where one or more of these values or practices are involved.
19. Takes an active role in a community context (work, service, co-curricular activities, etc.), and examines the civic issues encountered and the insights gained from the community experience.

The Degree Qualifications Profile was adopted by CRDAP: April 11, 2012