



North Central Michigan College

Master Course Syllabus

PART 1:

Course Name: Theories of Personality

Course Number: PSY 235

Credit Hrs. 3

Lecture Hrs. 3

Lab Hrs. 0

Clinical Hrs. 0

Variable Hrs. 0

Total Hours of Instruction: 3

Total Contact Hours: 52.8

(Total Contact hour's formula: (lecture hrs. + lab hrs. + clinical hrs) x 17.6)

Course Description:

Explore the basic perspectives of personality, and how they relate to the better understanding of one's life. Personality examines areas of traits and temperaments, as well as the implications of those factors as to thought, behavior and emotion; this process of examination will rely on systematic observation of how and why people behave the way they do. Primary areas of focus include cognitive, cultural, biological, psychodynamic, and trait factors of human personality with practical applications for counseling, health professions, business, education, child care, and criminal justice fields.

PREREQUISITE(S): PSY 161

CO-REQUISITE(S): none

Course Objectives:

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.

Reasonable accommodations can be provided for students with documented disabilities. Please contact Learning Support Services to arrange for these (231)348-6687 or (231)348-6817, Room 533 SCRC.



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- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.
- **Apply** correct use of in-text citations and references in APA format.



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PART 2:

Lumina DQP outcomes and linked course objectives

(Please identify all Lumina DQP outcomes supported by this course, including the complete language of each outcome as shown on Part 3 of this syllabus. Under each Lumina DQP outcome, please list any course objectives that support the prior DQP outcome.)

Lumina DQP Outcome 1: Describes the scope and principal features of the field of study, citing at least some of its core theories and practices, and offers a similar explication of at least one related field.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.

Lumina DQP Outcome 2: Illustrates contemporary terminology used in the field.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.



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Lumina DQP Outcome 3: Generates substantially error-free products, reconstructions, data, juried exhibits or performances as appropriate to the field.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.
- **Apply** correct use of in-text citations and references in APA format.

Lumina DQP Outcome 5: Describes and examines a range of perspectives on key debates and their significance both within the field and in society.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.

Lumina DQP Outcome 6: Illustrates core concepts of the field while executing analytical, practical or creative tasks.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.



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- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.
- **Apply** correct use of in-text citations and references in APA format.

Lumina DQP Outcome 7: Selects and applies recognized methods of the field in interpreting characteristic discipline-based problems.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.
- **Apply** correct use of in-text citations and references in APA format.

Lumina DQP Outcome 8: Assembles evidence relevant to characteristic problems in the field, describes the significance of the evidence, and uses the evidence in analysis of these problems.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.



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- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.

Lumina DQP Outcome 9: Describes the ways in which at least two disciplines define, address and interpret the importance of a contemporary challenge or problem in science, the arts, society, human services, economic life or technology.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.

Lumina DQP Outcome 10: Identifies, categorizes and distinguishes among elements of ideas, concepts, theories and/or practical approaches to standard problems.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.



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Lumina DQP Outcome 11: Identifies, categorizes, evaluates and cites multiple information resources necessary to engage in projects, papers or performance in his or her program.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.
- **Apply** correct use of in-text citations and references in APA format.

Lumina DQP Outcome 12: Describes how knowledge from different cultural perspectives would affect his or her interpretations of prominent problems in politics, society, the arts and/or global relations.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.

Lumina DQP Outcome 14: Presents substantially error-free prose in both argumentative and narrative forms to general and specialized audiences.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.



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- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.

Lumina DQP Outcome 16: Locates, gathers and organizes evidence on an assigned research topic addressing a course-related question or a question of practice in a work or community setting; offers and examines competing hypotheses in answering the question.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).
- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.

Lumina DQP Outcome 17: Describes his or her own civic and cultural background, including its origins and development, assumptions, and predispositions.

- **Know and comprehend** the basic concepts of human personality traits and dynamics.
- **Know and comprehend** eight comprehensive theories of personality psychology.
- **Know and comprehend** basic research methods and application of scientific methods used in the study of personality.
- **Examine and elaborate on** the impact of various personality on interpersonal relationships.
- **Examine and elaborate on** the gender differences of personality.
- **Examine and elaborate on** the biological processes behind personalities, e.g. role of neurotransmitters and hormones.
- **Demonstrate** the understanding of the role of family in personality development.
- **Demonstrate** the understanding of the role of culture in personality development.
- **Demonstrate** the understanding of the personalities of famous people (actors, singers, sports figures, presidents, etc.).



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- **Identify and understand** the symptomology and treatment of psychological disorders from a personality perspective.
- **Identify and understand** how psychological defense mechanisms are used in everyday life.
- **Understand and elaborate on** the significance of stress, adjustments, and health difference in personality development.



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Suggested Methods of Instruction:

Lecture, small group work.

Suggested Methods of Assessment and Evaluation:

Reading Logs [DQP #'s 2-3, 6, 8, 12]; APA Format Quiz [DQP #'s 3, 6-7, 11]; Multiple Choice & True/False Chapter Tests [DQP #'s 2,-3, 6, 10]; Short Answer Essay Assignments [DQP #'s 1-3, 5-12, 14, 16]; Discussion Board Assignments; Research Paper and/or Compare & Contrast Paper; Quizzes; In-class and/or On-line Discussion

Adopted Text at Time of Course Adoption/Revision:

Carver, C. & Scheier, M. (2011). *Perspectives on Personality* (7th ed). Boston, MA: Pearson Allyn & Bacon.

OPTIONAL SUPPLEMENTARY MATERIALS: none

Topics Covered During the Semester:

Sequence of topics and time allowance are at the discretion of the instructor

Week 1 & 2	Course Introduction & Chapters 1-3 (Part One)
Week 3	Essay Assignment One
Week 4	Chapters 4-5 (Part Two)
Week 5	Essay Assignment Two
Week 6	Chapters 6-7 (Part Three)
Week 7	Essay Assignment Three
Week 8	Chapters 8-9 (Part Four)
Week 9	Essay Assignment Four
Week 10	Chapters 10-11 (Part Five)
Week 11	Chapters 12-13 (Part Six)
Week 12	Essay Assignment Five
Week 13	Chapters 14-15 (Part Seven)
Week 14	Essay Assignment Six
Week 15	Chapters 16-18 (Part Eight & Part Nine)
Week 16	Essay Assignment Seven: Current Event Assignment

Part 1 & Part 2 approved by CRDAP on: 10/31/14

Part 2 approved by AD:

Date:

Part 2 approved by CRDAP Chair:

Date:



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PART 3:

Use this reference sheet in Part 2 of Master Course Syllabus

Specialized Knowledge

1. Describes the scope and principal features of the field of study, citing at least some of its core theories and practices, and offers a similar explication of at least one related field.
2. Illustrates contemporary terminology used in the field.
3. Generates substantially error-free products, reconstructions, data, juried exhibits or performances as appropriate to the field.

Broad Integrative Knowledge

4. Describes how existing knowledge or practice is advanced, tested and revised
5. Describes and examines a range of perspectives on key debates and their significance both within the field and in society.
6. Illustrates core concepts of the field while executing analytical, practical or creative tasks.
7. Selects and applies recognized methods of the field in interpreting characteristic discipline-based problems.
8. Assembles evidence relevant to characteristic problems in the field, describes the significance of the evidence, and uses the evidence in analysis of these problems.
9. Describes the ways in which at least two disciplines define, address and interpret the importance of a contemporary challenge or problem in science, the arts, society, human services, economic life or technology.

Intellectual Skills – Analytic Inquiry

10. Identifies, categorizes and distinguishes among elements of ideas, concepts, theories and/or practical approaches to standard problems.

Intellectual Skills – Use of Information Resources

11. Identifies, categorizes, evaluates and cites multiple information resources necessary to engage in projects, papers or performance in his or her program.

Intellectual Skills – Engaging Diverse Perspectives

12. Describes how knowledge from different cultural perspectives would affect his or her interpretations of prominent problems in politics, society, the arts and/or global relations.

Intellectual Skills – Communication Fluency

13. Presents accurate calculations and symbolic operations, and explains how such calculations and operations are used in either his or her specific field of study or in interpreting social and economic trends.
14. Presents substantially error-free prose in both argumentative and narrative forms to general and specialized audiences.

Applied Learning

15. Describes in writing at least one substantial case in which knowledge and skills acquired in academic settings are applied to a challenge in a non-academic setting; applies that learning to the question; and analyzes at least one significant concept or method related to his or her course of study in light of learning outside the classroom.
16. Locates, gathers and organizes evidence on an assigned research topic addressing a course-related question or a question of practice in a work or community setting; offers and examines competing hypotheses in answering the question.

Civic Learning

17. Describes his or her own civic and cultural background, including its origins and development, assumptions, and predispositions.
18. Describes diverse positions, historical and contemporary, on selected democratic values or practices, and presents his or her own position on a specific problem where one or more of these values or practices are involved.
19. Takes an active role in a community context (work, service, co-curricular activities, etc.), and examines the civic issues encountered and the insights gained from the community experience.

The Degree Qualifications Profile was adopted by CRDAP: April 11, 2012