

North Central **Michigan College**

NCMC MASTER SYLLABI Last Revised 12.04.09

DIVISION/AREA: Nursing and Allied Health

DEPARTMENT: NURSING

AREA DEAN: Timothy Dykstra, Ph.D.

ORIGINATOR: Barbara Bokram

TOTAL HOURS OF INSTRUCTION: Lecture: 0 Lab: 0 Clinical 6.5 Total Contact Hours: 114.4

COURSE NUMBER: N 276 CREDIT HOURS: 2

COURSE TITLE: MENTAL HEALTH NURSING CLINICAL

COREQUISITE: N275	

CATALOG DESCRIPTION:

Varied and guided clinical experiences in the hospital and community will be provided with emphasis on learning the use of self in a nurse-client relationship. All hospitalized persons whether physically or mentally ill have psychosocial needs as well as physical needs that must be met. Using the nursing process to provide meaningful nursing care involves assessment, planning, intervention, critical thinking and evaluation of progress or achievement of desired outcomes. Mental health nursing care involves persons in all stages of the life cycle and extends across the spectrum of human behavior and coping behaviors.

GENERAL EDUCATION OUTCOMES OR OCCUPATIONAL PROGRAM OUTCOMES

Refer to College catalog or specific occupational program outcomes and describe how this course meets those outcomes. This course meets the following occupational objectives: Communication abilities and therapeutic nursing interventions.

COURSE OBJECTIVES & OUTCOMES:

Upon successful completion of this course, the student should be able to:

- Describe the meaning of a therapeutic relationship
- Identify techniques which enhance or hinder communication
- Have a basic understanding of legal and ethical issues in Mental Health Nursing
- Verbalize an understanding of basic concepts of Mental Health and Mental Disorders
- Describe the different types of psychotropic medications, indications for use and nursing roles in psychopharmacology

METHODS OF INSTRUCTION:

Direct patient care in a clinical setting.

METHODS OF EVALUATION:

Clinical evaluations, care plans, process recordings, clinical assignments.

Reasonable accommodations may be provided for students with documented physical, sensory, cognitive, systemic and psychiatric disabilities. Please contact Learning Support Services at 231-348-6682 to arrange for this course.

REQUIRED TEXTS:

Mental Health Text

Current nursing diagnosis text.

TIME ALLOWANCE AND SEQUENCE OF INSTRUCTION:

128 clock hours providing direct patient care in a clinical setting.

APPROVED FOR ADOPTION BY THE CRD/AP COMMITTEE ON _____ 01/12/10 _____