

North Central **Michigan College**

NCMC MASTER SYLLABI Last Revised 12.4.09

DIVISION/AREA: Nursing and Allied Health

DEPARTMENT: NURSING

AREA DEAN: Timothy Dykstra, Ph.D.

ORIGINATOR: Barbara Bokam

TOTAL HOURS OF INSTRUCTION: Lecture: 3 Lab: 0 Clinical 0 Total Contact Hours: 52.8

COURSE NUMBER: N 275

CREDIT HOURS: 3

COURSE TITLE: MENTAL HEALTH NURSING

PREREQUISITE(S): N265, N266, PSY 261, N255, N256

COREQUISITE(S): N276

CATALOG DESCRIPTION:

This course is designed to enable the student to develop a better understanding of his/her behavior as well as the behaviors of clients. Emphasis is placed on development of communication skills and establishing and maintaining a therapeutic relationship with clients. Mental health nursing focuses on both the individual and larger groups in society and incorporates a framework for implementation of the nursing process.

Mental health nursing is not confined to a specialty group of clients. The concept of this course is applicable to all areas of nursing, whether in the community or the hospital. Mental health nursing concepts are concerned with a person's response to stress, crisis and to the many factors that enhance or inhibit one's ability to cope with stress.

GENERAL EDUCATION OUTCOMES OR OCCUPATIONAL PROGRAM OUTCOMES

Refer to College catalog or specific occupational program outcomes and describe how this course meets those outcomes. This course meets the following occupational objectives:

Communication abilities

Therapeutic nursing interventions.

COURSE OBJECTIVES & OUTCOMES:

Upon successful completion of this course, the student should be able to:

- Describe the meaning of a therapeutic relationship
- Identify techniques which enhance or hinder communication
- Have a basic understanding of legal and ethical issues in Mental Health Nursing
- Verbalize an understanding of basic concepts of Mental Health and Mental Disorders
- Describe the different types of psychotropic medications, indications for use and nursing roles in psychopharmacology

METHODS OF INSTRUCTION:

Lecture/discussion with focus on case presentations, demonstration, audio-visuals, CD-ROM, clinical practice, CAI's, and group work.

METHODS OF EVALUATION:

Tests, quizzes, written assignments, process recordings.

REQUIRED TEXTS:

Mental Health Nursing text

Current Nursing Diagnosis text

Reasonable accommodations may be provided for students with documented physical, sensory, cognitive, systemic and psychiatric disabilities. Please contact Learning Support Services at 231-348-6682 to arrange for this course.

TIME ALLOWANCE AND SEQUENCE OF INSTRUCTION:

Week:

1	Communication Therapeutic Relationships
2	Introduction to Psych-Mental Health Nursing Conceptual Frameworks for Care Nursing Theory
3	Biological Basis for Care Spiritual Aspects of Care Legal Issues
4	Assessment and Nursing Diagnosis Planning, Intervention, Evaluation Sociocultural Aspects of Care Mileau Therapy
5	Sexuality and Sexual Concerns Individual Psychotherapy Groups and Group Therapy Families and Family Therap
6	Psychopharmacology
7	Mental Health and The Aging Anxiety and Anxiety Disorde

8	Cognitive Disorders Personality Disorder
9	Schizophrenic Disorders Dissociative Disorders
10	Aggressive and Violent Behavior Depressive and Bipolar Disorder
11	Substance Abuse and Dependency Eating Disorders Co-Dependency
12	Crisis Theory and Intervention Rape and Sexual Assault Mental Retardation
13	Violence within the Family Suicide
14	The Homeless Mentally Ill Community Mental Health Psychosocial Home Care Community Support and Rehab
15	The Homeless Mentally Ill Community Mental Health Psychosocial Home Care Community Support and Rehab
16	FINAL EXAM

APPROVED FOR ADOPTION BY THE CRD/AP COMMITTEE ON ____01/12/10_____