

North Central **Michigan College**

NCMC MASTER SYLLABI Last Revised 12.4.09

DIVISION/AREA: Nursing and Allied Health

DEPARTMENT: Nursing

AREA DEAN: Timothy Dykstra, PhD

ORIGINATOR: B. Bokram

TOTAL HOURS OF INSTRUCTION: Lecture: 3 Lab: 0 Clinical 0 Total Contact Hours: 52.8

COURSE NUMBER: N 265

CREDIT HOURS: 3

COURSE TITLE: Women's Health Care

PREREQUISITE(S): N131/N132

COREQUISITE(S): N 266

CATALOG DESCRIPTION:

A course in the theory of normal and pathophysiological variations of women and newborns. Emphasis is on use of the nursing process in caring for antepartum, intrapartum, and postpartum families.

GENERAL EDUCATION OUTCOMES OR OCCUPATIONAL PROGRAM OUTCOMES:

This course meets the following occupational objective: Critical thinking, communication abilities and therapeutic nursing interventions.

COURSE OBJECTIVES & OUTCOMES:

Upon successful completion of this course, the student should be able to:

- * Demonstrate understanding of essential anatomical, physiologic, and psychological factors influencing maternal and fetal adaptations to the childbearing process.
- * Assess cultural influences on the childbearing family's responses to pregnancy and childbirth.
- * Demonstrate understanding of risk factors and complications affecting childbearing women and their newborns.
- * Identify health problems unique to women throughout the reproductive cycle.

METHODS OF INSTRUCTION:

Lecture, discussion, videos, written assignments, case studies

METHODS OF EVALUATION:

Tests, quizzes, written assignments.

REQUIRED TEXTS: (Representative List)

Maternal Child Nursing Text

Current drug guide

Current laboratory and diagnostic tests text

Current medical dictionary

Current nursing diagnosis text

Reasonable accommodations may be provided for students with documented physical, sensory, cognitive, systemic and psychiatric disabilities. Please contact Learning Support Services at 231-348-6682 to arrange for this course.

TIME ALLOWANCE AND SEQUENCE OF INSTRUCTION:

Week 1	Maternity Care Today <ol style="list-style-type: none">1. The Nurse's Role in Maternity Care2. Ethical, Social, and Legal Issues3. Reproductive Anatomy and Physiology4. Hereditary and Environmental Influences
Week 2	The Process of Birth
Week 3	Nursing Care During Labor and Delivery Intrapartum Complications
Week 4	Intrapartum Fetal Monitoring
Week 5	Postpartum Physiologic Adaptations Postpartum Psychologic Adaptations Postpartum Maternal Complications
Week 6	Pain Management During Childbirth Nursing Care During Obstetric Procedures
Week 7	Normal Newborn: The Process of Adaptation Assessment of the Normal Newborn
Week 8	Care of the Normal Newborn Home Care of the Infant High-Risk Newborn: Complications Associated

with Gestational Age and Development
High-Risk Newborn: Acquired and Congenital
Conditions

Week 9 Infant Feeding

Week 10 Conception and Prenatal Development
 Psychosocial Adaptations to Pregnancy

Week 11 Physiologic Adaptations to Pregnancy
 Concurrent Disorders During Pregnancy

Week 12 Nutrition for Childbearing
 Fetal Diagnostic Tests
 Perinatal Education

Week 13 The Childbearing Family with Special Needs
 Complications of Pregnancy

Week 14 Family Planning
 Infertility

Week 15 Women's Health Care

Week 16 Final exam

APPROVED FOR ADOPTION BY CRD/AP COMMITTEE ON: 01/12/10