

North Central **Michigan College**

NCMC CURRICULUM/COURSE OUTLINE FOR YEARS: 2001-2003

DIVISION/AREA: Natural Sciences, Health and Human Services DEPARTMENT: Nursing

AREA DEAN: Timothy Dykstra, Ph.D.

ORIGINATOR: Polly Flippo

TOTAL HOURS OF INSTRUCTION: Lecture: 2 Lab: 0 Total Contact Hours:

COURSE NUMBER: N135

CREDIT HOURS: 2

COURSE TITLE: Foundations of Nursing

PREREQUISITE(S)/COREQUISITE(S)/ADVISORY:

Admission to the Nursing Program

CATALOG DESCRIPTION:

This course covers the historical background and primary ethical and legal issues for the profession of nursing. The sociocultural context of behavior and the therapeutic nurse-patient relationship are explored, with an emphasis on communication techniques.

GENERAL EDUCATION OR OCCUPATIONAL OUTCOMES:

Meets Nursing Program's outcomes related to communication abilities and general education outcome #7.

COURSE OBJECTIVES & OUTCOMES:

Upon completion of the course, students will be able to:

1. Describe significant historical events in nursing and discuss their influence on contemporary nursing practice.
2. Identify ethical, legal, and professional issues related to nursing practice.
3. Define concepts of culture, ethnicity, values, attitudes and professionalism within the context of the nurse-client relationship.
4. Communicate effectively in a therapeutic nurse-client relationship.
5. Discuss the psychosocial assessment and care of patients focusing stress and adaptation, loss, grief and

dying, and spirituality.

6. Compare and contrast various nursing theories and describe the nursing program's conceptual framework.

METHODS OF INSTRUCTION:

Lecture, Discussion, case studies, videos, CD-ROM, guest speakers

METHODS OF EVALUATION:

Tests, written assignments, quizzes, participation in on-line discussion group

REQUIRED TEXTS:

1. Catalano, J. (2000). Nursing Now, F.A. Davis Co.
2. Taylor, C., Lillis, C., & LaMone, P., (1997). Fundamentals of Nursing, (3rd ed). J.B. Lippincott Co.
3. Michigan Nurses Association, Legal and Professional Regulation of Nursing Practice in Michigan, 1999.
4. NCMC Nursing Student Handbook

TIME ALLOWANCE AND SEQUENCE OF INSTRUCTION:

| Week | Course Content |
|-------------|--|
| Week 1 | Introduction, overview NET Test |
| Week 2 | NET Test Library Tour |
| Week 3 | The History of Nursing |
| Week 4 | Educational Preparation Nursing Theories |
| Week 5 | Licensure, Credentials, Professional Organizations Nursing Research |
| | Critique Research Article Communication Theory |
| Week 7 | Therapeutic Relationships Process Analysis Web Discussion Group Opens |
| Week 8 | Communication |
| Week 9 | Stress and Coping |
| Week 10 | Test # 2 Culture and Ethnicity |
| Week 11 | Grief and loss, death and dying. |
| Week 12 | Genogram Due Spirituality |
| Week 13 | Values and Ethics |
| Week 14 | Legal Issues Web Discussion Group Closes |
| Week 15 | Legal Issues |
| Week 16 | Test # 4 |